

# Cooking for One

*Come learn techniques and skills to making cooking for one easier, healthier, and more enjoyable.*

**December 1, 2022 @ 10:00 am**  
**New Braunfels Food Bank**  
**1620 S Seguin Ave**  
**New Braunfels, Texas 78130**



**Space is limited! To reserve your spot or for any questions, please call us (830)358-5300 or email [grief@hopehospice.net](mailto:grief@hopehospice.net)**

